

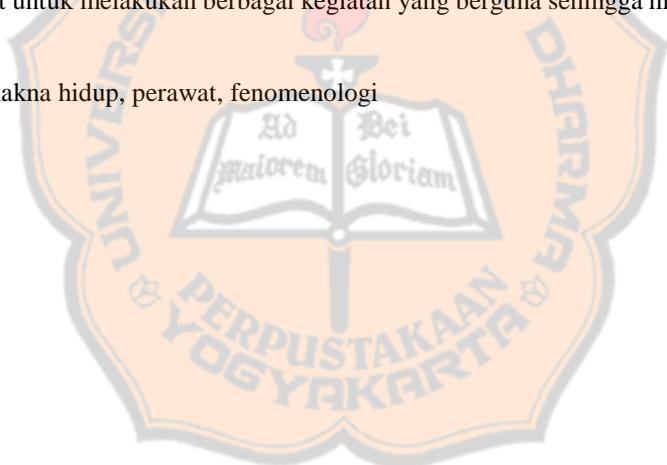
**MAKNA HIDUP PERAWAT:  
SEBUAH STUDI FENOMENOLOGI**

*Yesa Sesarian*

**ABSTRAK**

Penelitian ini bertujuan untuk mendalami makna hidup perawat. Partisipan terdiri dari tiga perawat usia dewasa awal. Ketiga partisipan merupakan perawat tetap yang bekerja di rumah sakit, khususnya rumah sakit yang berada di Daerah Istimewa Yogyakarta. Pendekatan yang digunakan dalam penelitian ini adalah fenomenologis versi *Interpretative Phenomenological Analysis* (IPA). Peneliti menggunakan *Interpretative Phenomenological Analysis* untuk menafsirkan pengalaman perawat sebagai pribadi yang unik. Pengambilan data dalam penelitian ini menggunakan wawancara semi terstruktur supaya peneliti dapat menggali informasi secara mendalam. Penelitian ini menemukan makna hidup perawat berkaitan dengan sumber makna. Ketiga perawat dalam penelitian ini memiliki sumber makna utama yaitu keluarga. Keluarga memberikan dorongan bagi ketiga perawat untuk melakukan berbagai kegiatan yang berguna sehingga hidup perawat dirasakan bermakna.

Kata kunci: makna hidup, perawat, fenomenologi



**THE LIFE MEANING OF A NURSE:  
A PHENOMENOLOGICAL STUDY**

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**ABSTRACT**

The study aims to explore the life meaning of a nurse. In this study, three nurses who have been in their early adulthood are involved. The three nurses are full-time staff who work in a hospital located in the Province of Yogyakarta Special Region. In conducting the study, the approach that has been selected is the Interpretative Phenomenological Analysis (IPA) version of phenomenological study. This approach has been adopted in order to interpret the experiences of the three nurses as a unique person. Then, during the study, the data were collected by a semi-structured interview in order to uncover the in-depth information. The results of the study show that the life meaning of a nurse is related to the main source of meaning namely family. Family provides encouragement for the three nurses to perform multiple useful activities so that the life of the three nurses become meaningful.

Keyword: life meaning, nurse, phenomenological

